



SUBJECT AIMS - By the end of KS2 children at WVPS will:

- Develop a love of physical activity and sport.
- Be resilient and strive for personal best.
- Have had access to a wide range of active opportunities and clubs.
- Understand how they can ensure healthy bodies as well as healthy minds.
- Access a broad and balanced curriculum that enables all of the above.

Pupils in KS2 should be taught to:

- Use running, jumping, throwing and catching in isolation and in combination
Entwined skills in competitive games like tennis, athletics, benchball etc listed below.
- Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending
Y3/4 - Tennis, hockey, benchball, football, tag rugby, cricket, rounders
- Develop flexibility, strength, technique, control and balance
Y3 and Y4 - Gymnastics / Athletics
- Perform dances using a range of movement patterns
Y3 and Y4 - Dance
- Take part in outdoor and adventurous activity challenges both individually and within a team
Y3 and Y4 - Outdoor and Adventurous Activities
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
Y3 - Workout Training / Y4 - Fitness

Swimming and water safety
In particular, pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively [for example, front crawl], backstroke and breaststroke]
- Perform safe self-rescue in different water-based situations.

PLEASE NOTE: The Swimming objectives are covered in the Y5/6 PE curriculum.

National Curriculum Links	Year 3	Term	Year 4	National Curriculum Links
● ● ●	Athens vs Sparta	Autumn 1	Law and Order	● ●
● ●	A world of difference	Autumn 2	Come fly with me - Africa	● ● ●
● ● ●	That's all folks	Spring 1	Lightning speed	● ● ●
● ● ●	May the force be with you	Spring 2	Rocky the Findosaur	● ● ●
● ● ●	Ug	Summer 1	Under attack	● ● ●
● ● ●	Under the canopy	Summer 2	Picture our planet	● ● ●

inspireenjoyachieve



Tournaments



Sports Leaders



Performing Arts



Sports Day / Outdoor Facilities

